



There is a hymn that used to be in our Sunday School hymn book way back in the depression and WWII time. It was in the primary songbook during the 50's and 60's and the young men's and women's songbook at that time as well. I fell in love with it when I heard the Tabernacle Choir sing it. When the days seem dark or like there is no end to things to do it is good to remember. If you want to hear the song you can find it on YouTube by searching Weary Not. In the meantime, here are the words:

If the Way Be Full of Trial, Weary Not

If the way be full of trial; Weary not!
 If it's one of sore denial, Weary not!
 If it now be one of weeping,
 There will come a joyous greeting,
 When the harvest we are reaping - Weary not!

Chorus:

Do not weary by the way, whatever be thy lot;
 There awaits a brighter day
 To all, to all who weary not!

If the way be one of sorrow, Weary not!
 Happiness will be the morrow, Weary not!
 Here we suffer tribulation,
 Here we must endure temptation;
 But there'll come a great salvation - Weary not!

If misfortune overtake us, Weary not!
 Jesus never will forsake us, Weary not!
 He will leave us never, never;
 From his love there's naught can sever;
 Glory to the Lamb forever! - Weary not!

Our prophet and apostles have said we are living in the last days and that there will be some trials ahead, but we also have cause to rejoice if we focus on Jesus Christ.

Sanitation

Sanitation is the means by which we dispose of waste. This includes human waste as well as waste water, garbage, and other things we no longer want or need.

Sanitation is not one of our basic 8 things to prepare, but if you get it wrong it can kill you and people around you. It is one of those things people don't talk about much, so a lot of people don't know how to deal with this in an emergency. It was the #1 cause of death during the flooding in New Orleans as well as the Civil War and the world wars. I have heard some crazy stuff from misinformed people on this topic, and that is worrisome. Here are some questions to think about regarding this topic. See if you have good answers.

1. The sewer is dysfunctional. One of your neighbors builds an outhouse by your side fence. Another one figured a "near bush" is fine for a temporary solution. A third one has a chemical toilet they use until it is full and still the problem goes on, so they dig a trench and dump the contents in along your back fence. How can these things affect you? What precautions should you take?
2. There is no garbage pick-up. One morning you wake up and find 5 garbage bags full of Styrofoam plates, plastic

utensils, containers, and food waste as well as bottles, cans, and dirty plastic bags in front of your house. How should you deal with this?

3. Your family used to shower or bathe every day and wear clean clothes. However, there isn't water for that now, and you are out of soap and shampoo. Your kids start to develop BO, skin sores, and even scabies or lice. What could you have done to prevent this? They are miserable and complaining. Can't you just send them to play with friends? After all isn't everyone "in the same boat?"

4. There is no running water. What are some of the problems you face if your only source is the creek?

5. Night and day you can smell burning garbage. You know it is not wood, but plastics and other toxic things. You worry about fires, but now you are starting to be affected by the pollutants in the air and you are starting to have problems with your breathing. What should you do if this happens? What should you prepare in case of this?

6. Your neighbor seems to have everything figured out. She has a makeshift potty and even a washing station with soap and water. Do you think it is fair for you to send your family over to that house to "take care of business"?

7. There is garbage everywhere. Some people have dumped food in their back yards. Some have piled garbage bags in the streets. You are starting to notice more flies, mice and even rats. What can you do?

8. Sometimes porta-potties are set up every two miles in a disaster area. How can you make this work for you?

9. The power has gone out and probably won't be on for two weeks or more. What can you do with all the food in your refrigerator and freezer? You didn't take care of your food

from the freezer in time. What should you do with it so that it doesn't attract coyotes, cougars, and bears?

10. How should you dispose of gray water properly? This is water used to wash hands, food, laundry, and housecleaning. What is black water, and how should it be disposed of?

The Cove Ward is sponsoring a class on sanitation on November 17, 2023 at 7:00pm at the stake center. Everyone in the stake is invited. See if you find the answers to any of these questions. If you don't, please go to ProvidentPapers.com after November 18 and see the answers that are posted there.

————— **Notes from Red Hen** —————

Dear Speckle,

I hope this message finds you well. Today I visited the regular chicken coop. I was horrified. No one has cleaned it or put fresh bedding down. Those girls have mites and worms. Some of them even have bumble foot from walking in filth, and how it stunk! I was sad for them, and assure you that I went on a whole cleaning spree as soon as I got home. We are all happier clean.

*Love,
Red*

